
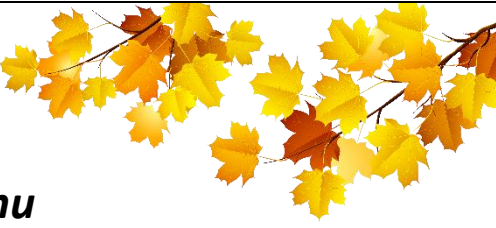

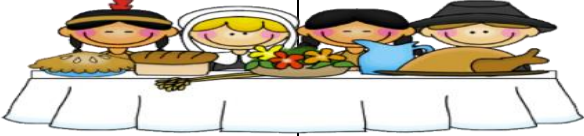


| | | | | | | |
|---|---|---|--|---|--|---|
| <p>WC Division of Aging & Disability Services 1-877-222-3737 908-475-6591</p> | <div>  <h1>NOVEMBER 2023</h1>  <h2>Warren County Community Senior Center Lunch Menu</h2> </div> | | | | |  |
| | Monday | Tuesday | Wednesday | Thursday | Friday | |
| Centers Locations | | | 1 | 2 | 3 | |
|  | |  | Minestrone Soup Chicken Murphy (not too spicy) Roasted Potatoes Mixed Vegetables Tomato & Onion Salad Dinner Roll Seasonal Fruit | Chicken Rice Soup Beef Stew Noodles Stew Vegetables Lettuce & Tomato Salad w/ Creamy Dressing Rye Slice Cookie | Cran-Apple Juice Baked Ham w/ Pineapple Scalloped Potatoes Green Beans Almandine Raisin Bread Slice Vanilla Ice Cream Cup (Congregate) Gelatin Cup (HDM) | <p>Grab & Go Meals are available for pick-up at all locations.</p> <p>Please call 24 hours in advance to make or cancel your reservation.</p> <p>Suggested donation Age 60+ = \$3.00 Under Age 60 = \$6.85 Fee</p> |
| | 6 | 7 | 8 | 9 | 10 | |
| Phillipsburg Senior Center 310 Firth Street Phillipsburg, NJ (908) 859-2423 | Split Pea Soup Pulled Pork Black Beans & Rice Creamed Spinach SF Gelatin Hamburger Roll Corn muffin | CLOSED  Election Day | Creamy Sweet Potato Soup Stuffed Cabbage Red Potatoes Roasted Brussels Sprouts Three Bean Salad Dinner Roll Baked Apple w/ Cinnamon | Pineapple Juice Chicken Noodle Soup Pot Roast w/ EXTRA Gravy Mashed Potatoes Glazed Carrots Rye Slice Chocolate Ice Cream Cup (Cong.) Pudding Cup (HDM) | CLOSED  | |
| | 13 | 14 | 15 | 16 | 17 | |
| Faith Discovery Church 33 Brass Castle Rd Washington, NJ 908-689-0650 | Squash Soup Corned Beef Red Cabbage Diced Red Potatoes Beet & Onion Salad Rye Slice Cookie | Iced Tea Hamburger w/ Lettuce, Tomato, Onion, Pickle & Ketchup Packets Baked Beans Green Beans Almondine Broccoli Slaw Hamburger Roll Sun Chips | Tomato Rice Soup Roast Turkey w/ EXTRA Gravy Corn Bread Stuffing Peas and Pearled Onions Cranberry Sauce / Dinner Roll Spinach Salad w/ Honey Mustard Vanilla Ice Cream Cup (Congregate) Vanilla Pudding Cup (HDM) | Navy Bean Soup Chicken Piccata w/ EXTRA Sauce Fettuccini Alfredo Broccoli Florets Tomato & Onion Salad Whole Wheat Dinner Roll Melon Chunks | Turkey Taco w/ Lettuce Tomatoes Onions, Sour Cream Corn w/ Red Peppers Pinto Beans Flour Tortillas (X2) Fruited Yogurt | |
| | 20 | 21 | 22 | 23 | 24 | |
| Hackettstown Senior Center 293 Main Street Hackettstown, NJ 908-850-5438 | Beef Barley Soup Pork Loin w/ EXTRA Gravy Sweet Potatoes Succotash Applesauce Cup Corn Muffin Chocolate Ice Cream Cup (Cong) Gelatin Cup (HDM) | Stuffed Shells w/ EXTRA Sauce Roasted Chickpeas Creamed Spinach Mixed Greens w/ Vinaigrette Italian Slice Fruited Yogurt | Broccoli Cheese Soup Orange Juice Chicken Marsala w/ EXTRA Gravy Mashed Potatoes Zucchini Dinner Roll Oatmeal Bar | CLOSED  | CLOSED | <p>MENU SUBJECT TO CHANGE</p> |
| | 27 | 28 | 29 | 30 | | |
| Knowlton Lion's Den 505 Route 94 Columbia, NJ 908-496-4001 | Lentil Soup Beef Kielbasa w/ Sauerkraut & Must. Diced Red Roasted Potatoes Glazed Baby Carrots Romaine w/ Mandarin Oranges & Italian Dressing Hoagie Roll Pears w/ Cinnamon | Vegetable Lasagna w/ EXTRA SAUCE Meatballs (X2) Italian Vegetable Blend Cucumber & Onion Salad Italian Slice Vanilla Ice Cream Cup (Congregate) Gelatin Cup (HDM) | Cream of Broccoli Soup Crab Cakes w/ Tartar Sauce Potato Wedges Creamed Spinach Cole Slaw Pumpkin Nickle Slice SF Gelatin Low Fat Fruited Yogurt | Cream of Mushroom Chicken Paprikash Cauliflower smashers Brussels Sprouts Spring Mix Vinaigrette Dinner Roll Birthday Cake (Congregate) Pudding Cup (HDM) |  |  |